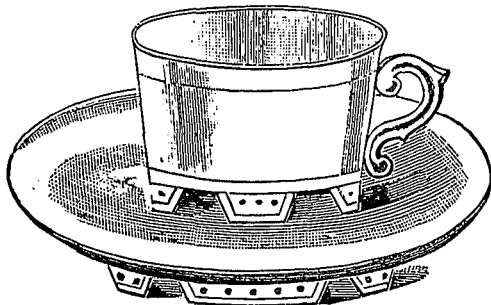


and violent and prolonged sneezing. The remedy for this malady is the Carbolic Smoke Ball, well known for its beneficial action in cases of cold and bronchial troubles generally. The Carbolic Smoke Ball, on being first used, apparently aggravates the symptoms above mentioned, but in a short time the sufferer finds the severity of the attack to abate, and enjoys a period of welcome and unwonted ease. After a little perseverance with this treatment the patient will find that one minute's inhalation from the Carbolic Smoke Ball in the early morning will invariably secure immunity from the dreaded attack of hay fever during the whole of the succeeding day.

AN EFFICIENT AND RELIABLE CUP AND SAUCER.—These have been introduced by Mr. William Whiteley, China Department, Queen's Road, Westbourne Grove, W., and will be hailed with much appreciation by Nurses



and all those in attendance upon invalids, as well as by the invalids themselves. The saucer, large and roomy enough to prevent spilling, has a perforated depression in its centre which holds a small carbon block, which can be easily lighted, and is amply sufficient to keep the contents of the cup warm and fit for drinking a considerable time afterwards. For use in the night the cup appears the very thing. Beef tea or other food can be made warm put in the cup, and by means of the lighted carbon kept so. For children also they are invaluable, and no nursery or household can be considered complete without one. They are made in white, and white and gold china, both in breakfast and tea size. The carbons are sold in packets of a dozen, at the low cost of threepence per packet.

TEMPERATURE CHARTS.

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POST-CARD EXAMINATIONS.

WE are pleased to be able to announce that in the *twenty-fourth* of this series of examination questions,

"Define the terms *oedema, cyanosis, ascites, syncope,*" MRS. CONSTANCE SKENE-KEITH, whose card we reproduce, has secured the prize of a book or books of the value of five shillings:—

*Mrs. C. Skene-Keith,
1, Queen's Villas, Chatham.*

*1. Definition of the following terms:—
"Oedema"
Swelling of the cellular tissue from the presence of fluid underneath.
2. "Cyanosis": Blue disease, caused by the malformation of the heart.
3. "Ascites" Dropsy of the abdomen from a collection of fluid in the peritoneal cavity of the abdomen.—
4. "Syncope" Fainting, or swooning from various causes. — 20.7.91.*

The following have gained HONOURABLE MENTION:—

NURSE REDDOCH, L.O.S. :—

Oedema: Swelling produced by the accumulation of a serous fluid in the areolar tissue. This swelling is soft, yields under the finger, preserves the impression for some time, and is pale and without pain. It commonly manifests itself round the ankles and the soft parts covering the abdomen, thorax, and even the face. **Cyanosis:** A disease in which the surface of the body is coloured blue, caused by a direct communication remaining between the cavities of the right and left side of the heart, or by some obstacle to the

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